

chooselife

A national strategy and action plan
to prevent suicide in Scotland

Argyll & Bute Choose Life Initiative
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Choose Life Conference
10th September 2008
9.30am – 4.30pm
Stonefield Castle Hotel
Tarbert

Choose life is hosting a conference at Stonefield Castle Hotel on the 10th September to bring together a broad range of stakeholders in suicide awareness.

With research showing that everyone, regardless of circumstances, can be at risk of suicide when experiencing stress and that 1 in 17 of us considers suicide in any given week, suicide reduction really is everyone's business.

As employers, service providers, service users and community members this event will provide you with the opportunity to find out more about how you can contribute to reducing suicide in Argyll & Bute.

We invite you to join us to explore, among other subjects:

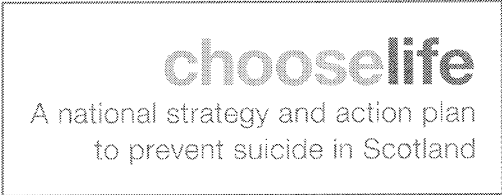
- How suicide affects our communities.
- Resources available to those affected by suicide.
- Training to develop and enhance suicide awareness and intervention skills.
- How organisational policy can support employees struggling with issues that may make them vulnerable to suicide.

To register for this free event, please contact Tracy Preece, details above or return the attached booking form.

We look forward to welcoming you to this important event.

Conference Programme – Draft

9.30	Arrival and coffee	
10.00	Welcome and outline of day	Tracy/Marie
10.15	Introduction to Choose Life Nationally	Rose Kirk
10.30	Mentally Flourishing Trees – the local picture	Dave Bertin
	11.00	Morning Coffee
11.30	Rural Perspectives	Cameron Stark
12.15	About the participants	Marie/Tracy
	12.30	Lunch
1.15	A few words from Breathing Space	R Leckerman
1.30	Introduction to workshops and Workshop 1	
	2.30	Afternoon Tea
3.00	Workshop	
3.45	Feedback from workshops	
4.00	Conclusions and farewells	
4.15pm	Close	



Conference Booking Form

**Please reserve me a place at the Choose Life Conference to be held
Wednesday 10th September
at
Stonefield Castle
Nr Tarbert
PA29 6YJ
9.30am to 4.30pm.**

Name:	
Designation/Organisation:	
Contact E-mail:	
Contact phone:	
Contact Address:	
Do you have any special dietary requirements? Please give details:	
Do you have any special requirements for access? Please give details:	

Places are limited, if you find you are unable to come please let us know as soon as possible so that your place can be reallocated.